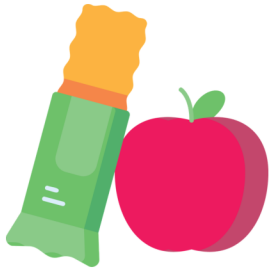
My Bedtime Routine Communication Card Pack

Brush teeth

Bath



Snack

Drink

Pyjamas

Lights off

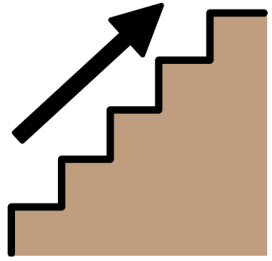
Undress

Medicine

Story

Toilet

Cuddle

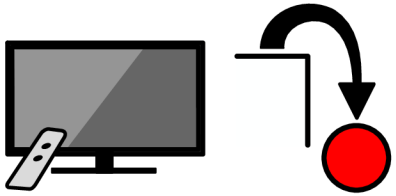


Upstairs

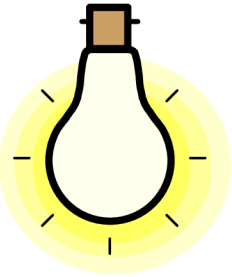
My Bedtime Routine Communication Card Pack

Bed

Wash face



TV off



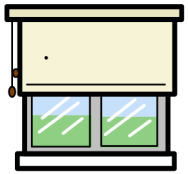
Light

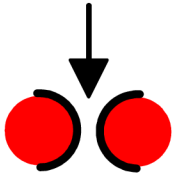
Night

Music

Sleep

Tea

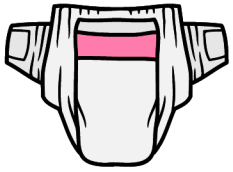




Blinds close

Toys

Teddy



Nappy change